



A Quick Guide to your Claremont Employee Assistance Program

Your employer provides 24/7 EAP services to you and your family members in the immediate household. **It's free. It's confidential.**

No forms, no copays, no deductibles. Why not call?

To your EAP benefits
800-834-3773

- Free, short-term counseling sessions with a licensed clinician in private practice. Counseling can be for individuals, couples and families. In person or via video.
- Free legal consultations!
- You can do a Simple Will for free.
- Free financial consultations!
- You get free Credit Reports every year (and they do come with a credit score).
- Looking for child care services? Claremont will generate a customized report for you, with a listing of appropriate services and other helpful information.
- Same with elder care services – Claremont provides nationwide referrals and customized reports.
- Need help choosing a public or private school for your child? Claremont can help you do the research.
- Feel overwhelmed by the college search process? Claremont can help you research undergraduate and graduate programs, including scholarships and financial aid.
- Claremont provides nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups.
- Do you care for a pet? Claremont offers referrals for pet services such as vets, groomers, boarders, animal hospitals and pet sitters.
- Looking for a low or no cost community resource? Claremont provides referrals to 12-step meetings, inpatient and outpatient treatment facilities, and more.